

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 1	Week 7 Beginning: 2/20/2024
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 1	
M o n d a y	Notes:	NO SCHOOL presidents day	Academic Sports Med CTE Standards:
T u e s d a y	Notes:	<p>Objective: Learn and be able to practice the skills of taking vital signs on a patient in different circumstances. Heart rate, blood pressure, temperature, respirations.</p> <p>.1 Identify methods of injury prevention 2. List methods of injury prevention 3. Recognize methods of injury prevention</p> <p>Lesson Overview:</p> <p>L11 Vital signs Unit 5 Injury Prevention L 1 Injury Prevention</p>	<p>Academic Sports Med CTE Standards:</p> <p>7.4 5.7 5.5 5.3</p>
W e d n e s d a y	Notes:	<p>Objective: 1. Identify individual reaction to injury. 2. List individual response to injury. 3. Recognize individual response to injury By the end of this lesson you will be able to: Define terminology Identify individual reaction to Injury List individual response to injury Recognize individual injury response</p> <p>Lesson Overview:</p> <p>L 2 Physical Response to Injury. L 3 Physiological Response to Injury.</p>	<p>Academic Sports Med CTE Standards:</p> <p>8.1 6.7 7.4</p>
T h u r s d	Notes:	<p>Objective: Define Return to Play Terminology. Identify Return to Play Steps. Learn to collaborate and work with a group to make and present a poster on one of the injury prevention methods.</p> <p>Lesson Overview:</p>	<p>Academic Sports Med CTE Standards:</p> <p>7.6</p>

a y		L 4 Return to Play L 5 Injury prevention Poster project	
F r i d a y	Notes:	Objective: Assessment over unit 4 Evaluation and Assessment and Unit 5 Injury Prevention Lesson Overview: Assessment Test and practicum	Academic Sports Med CTE Standards: 5 6 7 8 10